

The Wave 4 and 5 Resonator

Operating instructions

Operating the Wave4 and Wave5 Resonators is easy. Just follow these steps to commence treatment:

1. Switch on power by pressing the “On” Button on the side of the unit.
2. Select programme/treatment on display by pressing the down arrow.

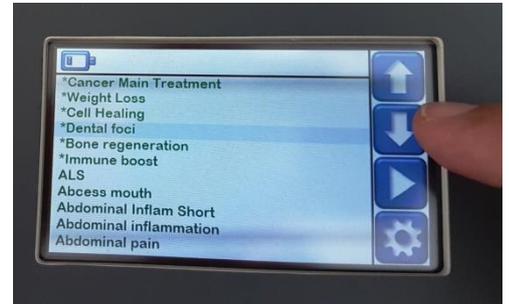
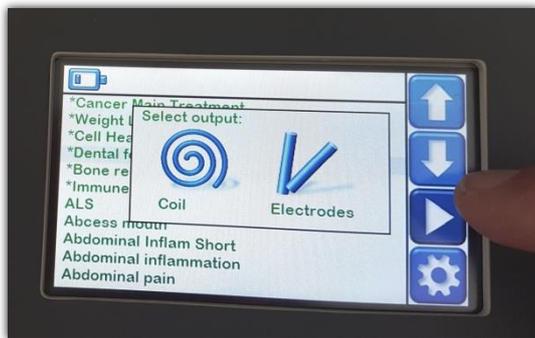
3. When treatment is selected press the “Play” button ▶.

Name of treatment and duration will appear on the screen.

Press the “Play”

▶ icon again to activate treatment.

Select treatment application: In the case of the Wave select between Hand electrodes or coil (Beamer Healthpad).



4. **Repeat function.** Keep pressing the “Play” ▶ button until the repeat function is activated. Select how many times this specific treatment needs to run. The maximum repeats are 9 times.



5. By pressing either the “+” or “-“ icons one can increase or decrease the intensity.

6. Hold an electrode in each hand (See Therapy Manual in this regard).

7. One can press the pause icon to temporarily pause the treatment. When the treatment’s sequence ends, the device will automatically switches off after a few minutes if no other selection is activated.



“Pause”

If it is necessary to interrupt the programme just press the “Pause” icon and press the “Play” ▶ icon when treatment needs to be resumed.

“Stop”

The unit will automatically switch off when treatment has finished its run but one can also terminate the treatment by pressing the “Stop” ■ button. The device will automatically switches off after a few minutes if no other selection is activated.



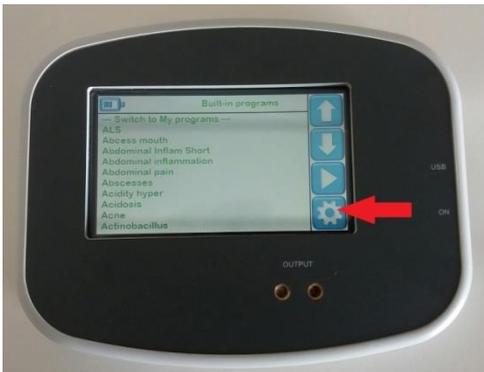
Volume/intensity

Hold an electrode in each hand. Set intensity until the vibration of the resonance waves is COMFORTABLY felt in both wrists. Volume/intensity: Always begins a treatment at low intensity. The device commences with low frequencies and gradually rises to higher. Always commence the treatment at low intensity. The treatments on the device commence with low frequencies and gradually rise to higher frequencies. To feel the higher frequencies the user may need to adjust the intensity setting higher as the treatment progresses. The user just has to feel a slight vibration in his/her wrists.

Do not use unnecessary high intensities: They are not more effective and only cause discomfort.



Adding your own treatment.



One can add one's own treatment on both the Wave4 and Wave5 with the Wave Software. See www.waveresonator.com for the link for the free download and instructions.

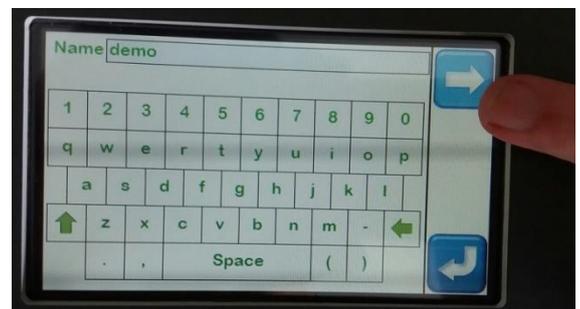
The Wave5 however also offers the function to add one's own treatment directly on the instrument. The user is however cautioned to refrain to add more treatments because Rife Health has tested these treatments and found that the stored treatments are the most effective.

See also your Resonance Therapy Manual in this regard.

To add your own treatment on the Wave5 touch the "Settings" button on the menu screen. Open "Add new Program". **New menu will appear. Type in the name of your own treatment and "continue" by pressing the right facing arrow.**

Enter frequency (Need to be a higher value than 1 hz) and enter duration (3 min per frequency is advisable) and

continue until all the frequencies and their durations have been entered.



Press the "Enter" button to save. Press "Yes". Follow the prompts. Your own treatment will be saved on your own separate list.



The Wave 5 connected to the Beamer Healthnad

Battery: Both the Wave 4 and 5 can run on either battery or directly on mains (safe 5 volt) power. Both have a "Model 18650" rechargeable battery. Charge for 3 hours. It is best that the power is completely depleted before recharging. The battery can easily be replaced by unscrewing the lid below.

Ensure that the poles match.

Use a 5 volt 2 ampere charger.

